



Guide to the 80 / 10 / 10 Diet

Meat 80%

Tongue
Heart
Fillets
Cheek
Skirt
Off cuts
Lung
Diaphragm
Trachea
Gizzard
Green tripe – not white or bleached
Brisket
Penis

Offal 10%

Must contain Liver 5%

Then 5% other:

Kidney
Spleen
Brain
Testicles
Pancreas

Bone 10%

Wings - Chicken, duck

Ribs - Lamb, goat, beef,
Kangaroo

Necks – Duck, chicken,
Turkey, goat, lamb,
venison, veal

Carcass – Chicken,
pheasant, duck, wood
pigeon

Avoid - Weight bearing
bones of large animals. No
leg or knuckle bones

Note – when feeding
bones, they should never
be cooked and always
supervise your dog.

Fruit & Veg

It is not necessary, but
certain fruits and veg can
be fed to dogs.
Either feed 75% meat & 5%
fruit & veg or add as an
extra on top.

Fruit Ideas:

Apples, watermelon,
banana, blackberries,
blueberries, raspberries

Veg ideas:

Kale, spinach, pumpkin,
squash, carrot, celery

Oily Fish

2 or 3 meals a week

Fish ideas:

Sardines, mackerel, sprats,
herring, trout

Aim for a varied diet
for both meat cuts
& meat proteins.
This can be done
over several meals.
Do not rely on one
protein source long
term.



Berkshire's Dogs on Raw